

## **Pre-Exam Questionnaire - ORTHOPEDIC**

In order to evaluate your condition fully, please be as accurate as possible. Thank you.

| Where is your pain or problem?  (check all that apply)  | ? Elbow  | ? Lower back<br>? Elbow<br>? Knee | <ul><li>? Middle back</li><li>? Shoulder/upper arm</li><li>? Foot/ankle</li></ul> | ? Other:             |
|---|----------|-----------------------------------|---|----------------------|
| 2. a) On a scale from 1 to 10, what is the worst your pain has been in the past several days?/10  |          |                                   |   |                      |
| Mild discomfort   |          | Moderate<br>5                     |   | Unbearable, Severe   |
| b) My pain bothers me ? consta  | ntly ? ı | most of the time                  | ? only occasionally   | ? once in awhile     |
| c) Do you have any regular numbness or tingling? ? Yes ? No   |          |                                   |   |                      |
| 3. a) What movements or positions make your pain worse?   |          |                                   |   |                      |
| b) What makes your pain better?   |          |                                   |   |                      |
| 4. a) When did this problem first begin?/(approximate date) b) How did this problem begin? (i.e. car accident/fall/gradual onset?)                                    |          |                                   |   |                      |
| 5. My pain/problem is slowly getting ? worse ? better ? staying the same  |          |                                   |   |                      |
| 6. List the dates and results of any. ? X-rays: ? MRI's:  |          |                                   |   |                      |
| 7. Have you ever had this pain or problem before? ? Yes ? No a) If yes, did you receive any treatments at that time? ? Yes ? No b) If yes, what type? Was it helpful? |          |                                   |   |                      |
| Patient Name  |          | Signature                         |   | //20<br>Today's Date |